

WHITE HORSE ACADEMY OF MARTIAL ARTS

RANK EXAMINATION

PLEASE PRINT USING INK

STUDENT'S NAME:

PRESENT RANK: DATE OF BIRTH:

ADDRESS: HOME PHONE:

SCHOOL: CELL PHONE:

I HEREBY APPLY FOR THE PROMOTIONAL EXAM. I UNDERSTAND FURTHER THAT STRICT OBSERVATION BY ME OF THE RULES RELATIVE TO MY TRAINING IS ESSENTIAL IN PREVENTING THE POSSIBILITY OF ANY ACCIDENT OR INJURY. I, THEREFORE, IMDEMNIFY AND HOLD HARMLESS WHITE HORSE ACADEMY OF MARTIAL ARTS AND ITS AGENTS AND EMPLOYEES AGAINST ANY AND ALL CLAIMS OR DEMANDS FOR INJURY OR DAMAGE TO ME RESULTING FROM OR ARISING OUT OF THIS RANK EXAMINATION.

STUDENT / GUARDIAN SIGNATURE: DATE:

RANK EXAM FEE PAID: CASH CHECK CREDIT DATE:

REQUIREMENT	SCORE	COMMENTS	REQUIREMENT	SCORE	COMMENTS
WARM UPS			PYUNG AHN #1		
STRIKES			PYUNG AHN #2		
BLOCKS			PYUNG AHN #3		
KICKS			PYUNG AHN #4		
SKIP TECHNIQUES			PYUNG AHN #5		
TIGHTENING WAYS			PAL GUE #1		
SELF DEFENSE #1			PAL GUE #2		
SELF DEFENSE #2			PAL GUE #3		
SELF DEFENSE #3			PAL GUE #4		
FORMAL 1 STEPS			PAL GUE #5		
FORMAL 3 STEPS			PAL GUE #6		
BASIC FORM #1			PAL GUE #7		
BASIC FORM #2			PAL GUE #8		
BASIC FORM #3			KORYO		
BASIC FORM #4			TAE BAEK		
BASIC FORM #5			SYPSEO		
BONG HYUNG #1			GITAE		
BONG HYUNG #2			DAN GWAN		
VOCABULARY			DO JO SAN		
SPARRING			CHULKI CHO DAN		
BREAKING			BAT SAI TAE		
KI ATTITUDE			HAN SAN DAE RYON		

EXAMINER:

NOTES:

PROMOTED TO THE RANK OF:

LITTLE HORSE STRIPE			ORANGE	YELLOW	GREEN	BLUE	PURPLE	BROWN	RED	BLACK
1	2	3	9	8/7	6	5	4/3	2	1	1 2 3 4 5 6